



COMPASSIONATE PALLIATIVE SERVICES - COMPASS *Ghana*

December Edition 2021 Issue No 2

The Founding Board Meeting

COMPASS-*Ghana* held its first Board of Trustees' meeting on the 13th of October 2021

This is the culmination of fourteen months work - opening the door to an amazing journey ahead.



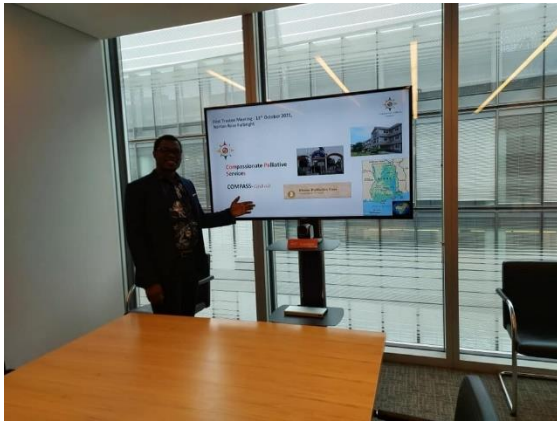
Dr Yakubu Salifu Joint CEO and Dr Cecilia Akrisie Anim CBE Joint Chair

The Board appointed Dr Cecilia Akrisie Anim CBE into the role of Joint Chair.

Moving forward COMPASS-*Ghana* will establish two arms of its operation one in the UK and the other Ghana.

Each will be governed by their own independent board. They will meet under a joint chair, four times a year to ensure strategic and operational alignment, financial overview and governance.





Dr Yakubu Salifu CEO presents
"The task ahead"

beyond. By embracing and advocating a compassionate community model, COMPASS-Ghana will help, support and deliver palliative and end of life care to patients, their caregivers and community when and where it matters most.

On behalf of COMPASS-Ghana and the trustees, we look forward to working and collaborating with all to achieve the mission and vision of COMPASS-Ghana.

Dr Yakubu Salifu, FHEA

CEO, COMPASS- Ghana

"Developing Palliative and End of Life care Capacity in Ghana and Beyond"

Dear Reader,




"We are delighted to be sharing with you the progress we have made over the past year in this second edition of our newsletter. To introduce our Board of Trustees and to set out timelines and funding needs for 2022.

With the increasing global need for palliative care, especially in resource-poor settings, COMPASS-Ghana is pleased to have taken a bold step to address the challenges set out by the United Nations, in September 2019, repeating earlier calls by the World Health Assembly (2014) and Astana Declaration (2018) to make palliative care part of a nations Universal Health Coverage. A goal embraced by the Government of Ghana and laid out within their comprehensive road map, in order to achieve this ambition by 2030.

COMPASS-Ghana intends to help make this declaration a reality in Ghana and



The Immediate Task Ahead – By June 22

-  Complete the registration as a Charitable Incorporated Organisation (Foundation) with the Charity Commission for the UK arm of COMPASS-Ghana.
-  Conduct the onsite visits – January 22nd to 12th February 22 to Komfo Anokye and Korle Bu Teaching hospitals in Ghana.
-  Establish the Ghana arm of COMPASS-Ghana with the Registrar General Ghana as an independent charity within Ghana by June 22.





Operating Model

- ✿ Two independent Charities with one mission – “To enable access to compassionate palliative and end of life care in partnership with the community”
- ✿ Independent boards, that meet jointly under a joint chair, sharing a joint Chief Executive, Chief Operating Officer and Finance Officer working to a clear memorandum of understanding.
- ✿ The UK arm’s principal tasks are fund raising, education and research, governance and fiduciary oversight.
- ✿ The Ghana arm will work in partnership with existing providers on the ground – in delivering clinical care, education and training, advocacy, operational planning and the coordination of resource and capability.



Fund raising FY 2022

- ✿ **A minimum of £250k**
- ✿ **70% of funds raised will be invested in delivering clinical services, including education and training.**
- ✿ **Financial Performance published quarterly**
- ✿ **Impact – how it has been delivered published quarterly**

The Task Ahead

“*COMPASS-ghana* working in partnership, with Komfo Anokye and Korle Bu teaching hospitals will support the delivery of front-line clinical care, education, training, research and advocacy for the people of Ghana with an end-of-life diagnosis (palliative care).”

Meet the Board.



**Dr Cecilia Akrisie Anim CBE
FRSA FRCN - Joint Chair**

Dr Anim trained as a midwife in Ghana before moving to the UK and qualifying as a nurse in Hull in 1977. She was President of the Royal College of Nursing, in which she has been active for more than 40 years both as a steward & Health and Safety rep. She has served on the Ethics committee and the Menopause Steering Group.

Throughout her career she has worked tirelessly supporting members in three central London NHS trusts as a staff-side Rep working in partnership with other unions. Dr Anim works as a clinical nurse specialist in sexual and reproductive





health at the Margaret Pyke Centre in London and specialises in family planning and aspects of women's health with special interest in the menopause.

She received the RCN Certificate of Merit for outstanding service to members 2000, the Bevan award for Health and Wellbeing 2013 United Nations Award for Women of Excellence in 2015, Awarded an Honorary Doctor of Health in 2016 by the University of Bradford.

In 2017, in Her Majesty's New Year's Honours List, she was awarded a CBE in recognition of her role as a nurse, contributions to women's health and her local community and was also awarded an Honorary Doctorate by the University of Nottingham.

She also received a Fellowship of the Royal Society of Arts FRSA.

In 2018 she received an Honorary Doctorate from the University of Portsmouth and the Chairs Award for the Windrush generation. In 2019, she received a lifetime achievement award in from the British Journal of Nursing. In 2021 Awarded the Royal College of Nursing Fellowship FRCN

Cecilia is also active in her local community, serving as the primary school chair of governors for over 15 years and remains as a governor having stepped down as chair. She also serves as a member of parochial church council as well as the deanery synod.



Dr Ernest Ahiaku

Ernest worked for the NHS for 30years, the last 26 years as a Consultant Urologist. During that period, he was the Head

of Department of Urology for 10 years, and Chairman of the Consultant Committee for 2 years. He was a Member of the North Wales Cancer Steering Committee and Clinical Lead for Urological Cancer in North Wales.

He was an Honorary Lecturer in University of Cardiff Medical School, and a visiting Lecturer in University of Cape Coast Medical school Ghana. He performed the first ever Radical prostatectomy (for prostate cancer) in Ghana and subsequently trained local urologists to carry out the procedure. He ran a successful Private practice in urology for 20 years.

He is a Deputy Lieutenant in the Preserved County of Gwynedd and Anglesey, engaging in actively in civic responsibilities to Queen and Country, and an active member of the local Rotary Club.

He retired from the NHS in September of 2019, but still offers service both in Gwynedd Hospital and in Ghana as a Urologist both in the National and private sector.

He is married with four children and lives on Anglesey.



William Schiller

William has 33 years' experience in finance, audit and consulting. With a BA (Hons) in history from

Cambridge University, William qualified as a chartered accountant in 1989 before joining KPMG in London. Currently a partner at Mazars UK

He collected experience in London of a wide variety of audit and accounts preparation work, including schools and charities. In 1999 he began two spells with





KPMG in Zurich, becoming a partner in the financial services practice in 2001. William led teams with KPMG delivering audit and advisory services to the insurance industry in London, Munich and Zurich.

Additionally, he led the finance team at Liverpool Victoria insurance for three years and worked for Swiss Re and Friends Provident.

He is married with two children.



Ashley Elliot

Ashley is a co-founder and Managing Partner of Sofala Partners, a specialist risk and investment advisory firm focused on sub-Saharan markets. He has deep experience supporting the most influential companies, multilateral institutions and philanthropic organisations in Africa on strategic decision-making and has advised on \$5 billion in transactions in the African healthcare, renewables, fintech and agribusiness sectors across 30 countries. Having begun his career at the Ghana Centre for Democratic Development (CDD-Ghana), Ghana has been a key focus for Ashley over a 15-year period. He is passionate about both private and public healthcare investments in Ghana and has advised US and UK-listed healthcare providers on market entry in the country.

Previously based in Nairobi and Dar es Salaam, Ashley formerly served as General Manager at pan-African advisory firm, Africa practice, in addition to consulting for the senior management teams of two of South Africa's leading financial institutions, Old Mutual and Standard Bank. Before this, he was Senior Analyst

for sub-Saharan Africa at Control Risks, a London-based consultancy, where he advised global companies on managing political and policy risk. Early in his career, Ashley worked in the office of the Director of Strategy at the World Bank Group in Washington, D.C. and at the United Nations Development Programme. He holds a BA in Social and Political Sciences from Cambridge University and an MA in International Relations from the Johns Hopkins University Paul H. Nitze School of Advanced International Studies (SAIS). Ashley is married with two daughters and lives in Somerset.



Peter Baxendell

Peter Baxendell grew up in Venezuela and Nigeria. After university he joined the United Africa Company, part of Unilever, as their first graduate trainee. Peter has worked for 38 years, 13 at operating company board level as a Commercial director and New Business Development director. Both in Unilever plc and then in ABF plc, Peter gained particular experience in acquisitions, start-ups, and SMEs. He has run companies in the UK, the Middle East, and Australia, and helped set up new business ventures in many countries including the USA, China, and Brazil. He has worked in over 50 countries, working closely with both multi-nationals; family companies; and entrepreneurs.

Peter has a strong interest in improving the lives of young people. He helped to organise an event for the Chase Hospice, subsequently raising money for Chase by running the London marathon. More





recently, through his involvement with the charitable activities of the oldest livery company in the City of London, Peter has helped the Damilola Taylor Trust set up a career mentoring initiative for at risk 15 - 17-year olds and supported the creation of a mentoring service in Homerton hospital, run by Redthread, which helps young people affected by violence.

During the pandemic, Peter was invited to be a judge, teacher, and mentor, in the Adamstart COVID-19 Challenge which encouraged young entrepreneurs, primarily from sub-Saharan Africa, to come up with socially responsible, innovative ideas to tackle COVID.

Peter lives in Surrey with his wife Gillian. He has two children, two grandchildren and an overly affectionate dog that resents him spending so long on the golf course.

Komfo Anokye Teaching Hospital (KATH) Kumasi



Dr Kathryn Spangenberg
Head Family Medicine
Directorate, Head of
Palliative Care Team. KATH

Dr Spangenberg grew up in Spain where she went to medical school, moved to Britain where she trained as a GP and met her Ghanaian husband to be. She has been living in Ghana for over 25 years, where she has two grown up sons.

She was introduced to Palliative Care in med school in the 80's during a summer attachment and since then has developed a passion for it.

She is the Residency Programme Director of Family Medicine in Kumasi, where she pioneered the training in 2005 and has successfully trained more than 40 specialists and four fully fledged trainers in family medicine under the auspices of The Ghana College of Physicians and Surgeons (GCPS).

The Palliative Care Unit was established in 2015 under her leadership and it has gradually grown to presently have 7 palliative care specialist nurses supported by three doctors.

Her dream is to expand the practice of Palliative Care through Ghana and beyond.





Korle Bu Teaching Hospital (KBTH) Accra



Discipline - Family Medicine and Palliative Medicine, is very much involved as a teacher and lecturer of undergraduates at the Accra College of Medicine.

Closing Thoughts



Dr Cecilia Akrisie Anim CBE
FRSA FRCN - Joint Chair



Dr Edwina Addo Opare-Lokko
Specialist Family Physician
– Ridge Hospital

“Our journey has begun, and I am very excited to be part of this project and to be elected as the Joint Chair.

My fellow Trustees, CEO and others will strive to advocate and promote palliative care provision through innovation, education, increase awareness, sharing good practise and partnering with communities and stakeholders and above with all patients, their families and caregivers - in order to provide patient centred care with full inclusion of families.

The need for best care in all stages of life must and should include end of life care and pain relief to give confidence to patients to talk about this stage in life with all the necessary steps and interventions to lead to a good death”.

Dr Edwina Addo Opare-Lokko is a Senior Specialist Family/ Palliative Physician at the **Greater Accra Regional Hospital**. She has substantial experience in providing comprehensive, continuous, coordinated care to people of all ages and gender, no matter the nature of their health problem, in the context of their family and society.

Dr **Opare-Lokko** is also the National Training Coordinator for the Modular Family Medicine Membership Programme, Faculty of Family Medicine, Ghana College of Physicians and Surgeons.

In addition, she has responsibility for providing oversight for the postgraduate Palliative Medicine training at the Department of Family Medicine/Polyclinic, Korle Bu Teaching Hospital for the Ghana College of Physicians and Surgeons.

With a keen interest in research and teaching, Dr **Opare-Lokko**, as Head of

Look Forward

-  Ghana visits by COO and Clinical Director 23 January to 12th February
-  Next Board Meeting 23 February 2022
-  WWW March 2022
-  3 Year Business Plan and Budget March 2022
-  *COMPASS-Ghana* (Ghana arm) established June 2022





Updates

I hope we can continue to update you with information particularly as the formal charitable body comes together. Our core mantra is around partnership and integration.

We also understand if you would prefer not to receive updates. In which event would you please respond... "No thank you" to john.davies@compass-gh.org

May we wish you a very **Happy Christmas** and a Prosperous and Safe New Year.

Thank You

- ✿ To those that we cannot publicly acknowledge.... for their faith in us, their support, counsel and the generous access to their facilities. We are very grateful and will not forget.
- ✿ To the fantastic charities who, without fear or favour have shared and continue to share ideas, policies, advice and leads:



Our Next Edition

Our next edition will be in February 2022.

